*Bellefonte Area Board of School Directors Meeting (October 15, 2024)*

Wednesday, October 16 – 8:00 p.m.

Thursday, October 17 – 12:00 p.m.

Friday, October 18 – 12:00 a.m. & 4:00 p.m.

Sunday, October 20 – 7:00 a.m. & 8:00 p.m.

*Chair Yoga*

Monday, October 14 – 8:30 a.m. & 6:00 p.m.

Tuesday, October 15 – 6:30 a.m. & 8:30 a.m.

Wednesday, October 16 – 8:30 a.m.

Thursday, October 17 – 5:00 p.m.

Saturday, October 19 – 8:30 a.m.

*Gentle Yoga*

Monday, October 14 – 6:00 a.m. & 10:00 a.m.

Tuesday, October 15 – 6:00 p.m.

Friday, October 18 – 6:00 a.m. & 10:00 a.m.

Saturday, October 19 – 6:00 a.m.

Sunday, October 20 – 6:00 a.m.

*Moving Freely*

Monday, October 14 – 7:00 a.m.

Tuesday, October 15 – 5:00 p.m.

Wednesday, October 16 – 7:00 a.m.

Friday, October 18 – 7:00 a.m.

*Strength Training for Senior Citizens*

Tuesday, October 15 – 7:00 a.m. & 4:00 p.m.

Thursday, October 17 – 4:00 p.m.

Friday, October 18 – 9:00 a.m.

Saturday, October 19 – 7:00 a.m.

*Weather Or Not*

Thursday, October 17 – 6:15 p.m.

Friday, October 18 – 5:45 a.m. & 8:15 p.m.

Saturday, October 19 – 2:45 p.m.

*White House Chronicle*

Monday, October 14 – 5:00 p.m.

Thursday, October 17 – 6:30 p.m.

Saturday, October 19 – 5:30 a.m.

*Zesty Chair Exercise*

Monday, October 14 – 8:00 a.m. & 5:30 p.m.

Tuesday, October 15 – 8:00 a.m.

Wednesday, October 16 – 8:00 a.m.

Thursday, October 17 – 5:30 p.m.

Friday, October 18 – 8:00 a.m.

Saturday, October 19 – 8:00 a.m.  
Sunday, October 20– 2:30 p.m.