*Around the County featuring the Alternative Christmas Fair (November 20, 2024)*

Thursday, November 28 – 6:00 p.m.

Friday, November 29 – 5:30 a.m. & 8:00 p.m.

Saturday, November 30 – 2:30 p.m.

*Chair Yoga*

Monday, November 25 – 8:30 a.m. & 6:00 p.m.

Tuesday, November 26 – 6:30 a.m. & 8:30 a.m.

Wednesday, November 27 – 8:30 a.m.

Thursday, November 28 – 5:00 p.m.

Saturday, November 30 – 8:30 a.m.

*Gentle Yoga*

Monday, November 25 – 6:00 a.m. & 10:00 a.m.

Tuesday, November 26 – 6:00 p.m.

Friday, November 29 – 6:00 a.m. & 10:00 a.m.

Saturday, November 30 – 6:00 a.m.

Sunday, December 1 – 6:00 a.m.

*Moving Freely*

Monday, November 25 – 7:00 a.m.

Tuesday, November 26 – 5:00 p.m.

Wednesday, November 27 – 7:00 a.m.

Friday, November 29 – 7:00 a.m.

*Strength Training for Senior Citizens*

Tuesday, November 26 – 7:00 a.m. & 4:00 p.m.

Thursday, November 28 – 4:00 p.m.

Friday, November 29 – 9:00 a.m.

Saturday, November 30 – 7:00 a.m.

*Weather Or Not*

Thursday, November 28 – 6:15 p.m.

Friday, November 29 – 5:45 a.m. & 8:15 p.m.

Saturday, November 30 – 2:45 p.m.

*White House Chronicle*

Monday, November 25 – 5:00 p.m.

Thursday, November 28 – 6:30 p.m.

Saturday, November 30 – 5:30 a.m.

*Zesty Chair Exercise*

Monday, November 25 – 8:00 a.m. & 5:30 p.m.

Tuesday, November 26 – 8:00 a.m.

Wednesday, November 27 – 8:00 a.m.

Thursday, November 28 – 5:30 p.m.

Friday, November 29 – 8:00 a.m.

Saturday, November 30 – 8:00 a.m.

Sunday, December 1– 2:30 p.m.