*C-Net Board of Directors Meeting (January 14, 2025)*

Wednesday, January 15 – 8:00 p.m.

Thursday, January 16 – 12:00 p.m.

Friday, January 17 – 12:00 a.m. & 4:00 p.m.

Sunday, January 19 – 7:00 a.m. & 8:00 p.m.

*Chair Yoga*

Monday, January 13 – 8:30 a.m. & 6:00 p.m.

Tuesday, January 14 – 6:30 a.m. & 8:30 a.m.

Wednesday, January 15 – 8:30 a.m.

Thursday, January 16 – 5:00 p.m.

Saturday, January 18 – 8:30 a.m.

*Gentle Yoga*

Monday, January 13 – 6:00 a.m. & 10:00 a.m.

Tuesday, January 14 – 6:00 p.m.

Friday, January 17 – 6:00 a.m. & 10:00 a.m.

Saturday, January 18 – 6:00 a.m.

Sunday, January 19 – 6:00 a.m.

*Global Connections Television: Dr. Justin Quinn Olmstead, historian*

Monday, January 13 – 4:00 p.m.

Tuesday, January 14 – 9:00 a.m. & 7:00 p.m.

Wednesday, January 15 – 6:00 a.m.  
Sunday, January 19 – 7:00 p.m.

*Moving Freely*

Monday, January 13 – 7:00 a.m.

Tuesday, January 14 – 5:00 p.m.

Wednesday, January 15 – 7:00 a.m.

Friday, January 17 – 7:00 a.m.

*State College Area Board of School Directors Meeting (January 13, 2025)*

Monday, January 13 – 7:00 p.m. LIVE  
Wednesday, January 15 – 3:00 p.m.

Thursday, January 16 – 7:00 a.m.

Friday, January 17 – 11:00 a.m.

Saturday, January 18 – 11:00 a.m. & 8:00 p.m.

*Strength Training for Senior Citizens*

Tuesday, January 14 – 7:00 a.m. & 4:00 p.m.

Thursday, January 16 – 4:00 p.m.

Friday, January 17 – 9:00 a.m.

Saturday, January 18 – 7:00 a.m.

*Weather Or Not*

Thursday, January 16 – 6:15 p.m.

Friday, January 17 – 5:45 a.m. & 8:15 p.m.

Saturday, January 18 – 2:45 p.m.

*White House Chronicle*

Monday, January 13 – 5:00 p.m.

Thursday, January 16 – 6:30 p.m.

Saturday, January 18 – 5:30 a.m.

*Zesty Chair Exercise*

Monday, January 13 – 8:00 a.m. & 5:30 p.m.

Tuesday, January 14 – 8:00 a.m.

Wednesday, January 15 – 8:00 a.m.

Thursday, January 16 – 5:30 p.m.

Friday, January 17 – 8:00 a.m.

Saturday, January 18 – 8:00 a.m.

Sunday, January 19 – 2:30 p.m.