*Bellefonte Area Board of School Directors Meeting (January 21, 2025)*

Wednesday, January 22 – 8:00 p.m.

Thursday, January 23 – 12:00 p.m.

Friday, January 24 – 12:00 a.m. & 4:00 p.m.

Sunday, January 26 – 7:00 a.m. & 8:00 p.m.

*Chair Yoga*

Monday, January 20 – 8:30 a.m. & 6:00 p.m.

Tuesday, January 21 – 6:30 a.m. & 8:30 a.m.

Wednesday, January 22 – 8:30 a.m.

Thursday, January 23 – 5:00 p.m.

Saturday, January 25 – 8:30 a.m.

*Gentle Yoga*

Monday, January 20 – 6:00 a.m. & 10:00 a.m.

Tuesday, January 21 – 6:00 p.m.

Friday, January 24 – 6:00 a.m. & 10:00 a.m.

Saturday, January 25 – 6:00 a.m.

Sunday, January 26 – 6:00 a.m.

*Moving Freely*

Monday, January 20 – 7:00 a.m.

Tuesday, January 21 – 5:00 p.m.

Wednesday, January 22 – 7:00 a.m.

Friday, January 24 – 7:00 a.m.

*Strength Training for Senior Citizens*

Tuesday, January 21 – 7:00 a.m. & 4:00 p.m.

Thursday, January 23 – 4:00 p.m.

Friday, January 24 – 9:00 a.m.

Saturday, January 25 – 7:00 a.m.

*Weather Or Not*

Thursday, January 23 – 6:15 p.m.

Friday, January 24 – 5:45 a.m. & 8:15 p.m.

Saturday, January 25 – 2:45 p.m.

*White House Chronicle*

Monday, January 20 – 5:00 p.m.

Thursday, January 23 – 6:30 p.m.

Saturday, January 25 – 5:30 a.m.

*Zesty Chair Exercise*

Monday, January 20 – 8:00 a.m. & 5:30 p.m.

Tuesday, January 21 – 8:00 a.m.

Wednesday, January 22 – 8:00 a.m.

Thursday, January 23 – 5:30 p.m.

Friday, January 24 – 8:00 a.m.

Saturday, January 25 – 8:00 a.m.

Sunday, January 26 – 2:30 p.m.