*Around the County (March 26, 2025)*

Thursday, April 3 – 6:00 p.m.

Friday, April 4 – 5:30 a.m. & 8:00 p.m.

Saturday, April 5 – 2:30 p.m.

*Chair Yoga*

Monday, March 31 – 8:30 a.m. & 6:00 p.m.

Tuesday, April 1 – 6:30 a.m. & 8:30 a.m.

Wednesday, April 2 – 8:30 a.m.

Thursday, April 3 – 5:00 p.m.

Saturday, April 5 – 8:30 a.m.

*Eberly College of Science’s 2025 Frontiers of Science Lecture Series: “A Tale of Two Gases: Classical and Quantum” presented by Marcos Rigol (March 22, 2025)*

Monday, March 31 – 11:00 a.m.

Wednesday, April 2 – 9:00 a.m.

Thursday, April 3 – 7:00 p.m.

Saturday, April 5 – 12:00 a.m.

Sunday, April 6 – 3:00 p.m.

*Gentle Yoga*

Monday, March 31 – 6:00 a.m. & 10:00 a.m.

Tuesday, April 1 – 6:00 p.m.

Friday, April 4 – 6:00 a.m. & 10:00 a.m.

Saturday, April 5 – 6:00 a.m.

Sunday, April 6 – 6:00 a.m.

*Moving Freely*

Monday, March 31 – 7:00 a.m.

Tuesday, April 1 – 5:00 p.m.

Wednesday, April 2 – 7:00 a.m.

Friday, April 4 – 7:00 a.m.

*Strength Training for Senior Citizens*

Tuesday, April 1 – 7:00 a.m. & 4:00 p.m.

Thursday, April 3 – 4:00 p.m.

Friday, April 4 – 9:00 a.m.

Saturday, April 5 – 7:00 a.m.

*Weather Or Not*

Thursday, April 3 – 6:15 p.m.

Friday, April 4 – 5:45 a.m. & 8:15 p.m.

Saturday, April 5 – 2:45 p.m.

*White House Chronicle*

Monday, March 31 – 5:00 p.m.

Thursday, April 3 – 6:30 p.m.

Saturday, April 5 – 5:30 a.m.

*Zesty Chair Exercise*

Monday, March 31 – 8:00 a.m. & 5:30 p.m.

Tuesday, April 1 – 8:00 a.m.

Wednesday, April 2 – 8:00 a.m.

Thursday, April 3 – 5:30 p.m.

Friday, April 4 – 8:00 a.m.

Saturday, April 5 – 8:00 a.m.

Sunday, April 6 – 2:30 p.m.